



MENU OF HEALTH & BEAUTY TREATMENTS

Face

ESPA skincare delivers dynamic results targeting all your skin concerns

Personalised Express Facial	25 mins	£27.00
Enzyme Facial	55 mins	£67.00
Regenerating Facial	55 mins	£52.00
Lift & Firm Facial	55 mins	£52.00
Advanced Enzyme Facial	85 mins	£87.00
Age Defying Facial	85 mins	£71.00
Skin Purifier Facial	55 mins	£52.00
Skin Radiance Facial	55 mins	£52.00
Re-Hydrator Facial	55 mins	£52.00
Desensitiser Facial	55 mins	£52.00
Express Back, Face & Scalp Treatment	40 mins	£39.00
Back Face & Scalp Treatment	85 mins	£62.00
Back Face & Scalp Treatment with hot stones	115 mins	£82.50
Stressbuster	85 mins	£70.00
Stressbuster with hot stones	115 mins	£82.50

Caci Non Surgical Face Lifting

Award winning, non-invasive skin lifting treatment

CACI Non Surgical Face Lift	55 mins	£51.00
CACI Non Surgical Face Lift	75 mins	£61.00
CACI Hydratone Facial	25 mins	£20.00
CACI Hydratone Facial upgrade	15 mins	£10.00
CACI Jowel Lift	15 mins	£15.00
CACI Non Surgical Eye Lift	25 mins	£31.00

Tanning by St Tropez

Look Healthy Spray Tan	20 mins	£23.00
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Murad Skincare

Transform your skin with Dr Murad

Tri-Acid Exfoliating Facial	25 mins	£27.00
Tri-Acid Exfoliating Facial	55 mins	£46.00
Clarifying Enzyme Facial	25 mins	£27.00
Clarifying Enzyme Facial	55 mins	£46.00
Vitamin C Radiance Peel	25 mins	£27.00
Vitamin C Radiance Peel	55 mins	£46.00
Pore Cleansing Facial	25 mins	£27.00
Resurgence Renewal Facial	55 mins	£56.00
Redness Therapy Facial	55 mins	£46.00

Eye Care

Regenerating Firming Eye Treatment by ESPA	25 mins	£34.50
Eyebrow shape	15 mins	£9.50
Eyelash tint*	15 mins	£12.00
Eyebrow tint*	15 mins	£11.00
Eyelash & brow tint*	25 mins	£19.00
My Lash – natural look*	25 mins	£30.00
My Lash – glamorous look*	40 mins	£35.00
My Brow*	55 mins	£25.00

*Requires patch test 24 hours before treatment

Make-up

Day/Evening	25 mins	£25.00
Day/Evening including lesson	55 mins	£35.00
Express Make Up	20 mins	£15.00
Bridal Make Up Trial and Day	115 mins	£65.00

VIRGIN ACTIVE HEALTH CLUB SOLIHULL

Blythe Gate, Blythe Valley Park, Shirley, B90 8AT. Tel: 0121 506 9850





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Massage

Health & Fitness Massage

Virgin Active Fitness Massage 1 Zone	25 mins	£29.00
Virgin Active Fitness Massage 2 Zones	40 mins	£40.00
Virgin Active Fitness Massage 3 Zones	55 mins	£52.00

Relaxation Massage

Swedish Massage/Relaxation Massage	25 mins	£29.00
Swedish Massage/Relaxation Massage*	40 mins	£40.00
Swedish Massage/Relaxation Massage*	55 mins	£52.00

*with hot stones add £5

Specialist Massage

Sports Massage	25 mins	£35.00
Sports Massage	55 mins	£55.00
Reflexology	25 mins	£32.00
Reflexology	55 mins	£50.00
Indian Head Massage	25 mins	£30.00
Hopi Ear Candles	40 mins	£30.00
Hopi Ear Candles with sinus massage	55 mins	£40.00

Body Treatments

Salt & Oil Scrub by ESPA	25 mins	£34.50
Deep Cleansing Back Treatment by ESPA	40 mins	£42.00
Stimulating Hip & Thigh Treatment by ESPA	55 mins	£46.00
Body Wrap by ESPA	55 mins	£55.00
Maternity Massage by ESPA	55 mins	£52.00
New beginnings by ESPA	75 mins	£71.00
Firm & Tone Body Treatment	40 mins	£36.00
Firm & Tone Body Treatment	55 mins	£40.00

Nails & Feet by Jessica

Quick Fix file & polish (with Jessica colour)	15 mins	£17.00
Manicure or Pedicure	25 mins	£20.50
Manicure or Pedicure + gel finish	40 mins	£27.50
Manicure or Pedicure + extra TLC	40 mins	£26.50
Manicure or Pedicure + extra TLC & gel finish	55 mins	£35.50
Deluxe Manicure or Pedicure	55 mins	£46.00
Deluxe Manicure or Pedicure + gel finish	75 mins	£47.00
French Polish (extra 10 minutes)	10 mins	£5.00
Gel Removal (soak off)	15 mins	£9.00
Gel Removal (soak off) with additional treatment	15 mins	£5.00

Waxing Treatments

Full leg	40 mins	£27.00
Three quarter leg	25 mins	£24.00
Half leg	20 mins	£18.00
Standard Bikini	15 mins	£14.50
Extended Bikini	25 mins	£19.50
Brazilian or Playboy	25 mins	£31.00
Hollywood	25 mins	£32.00
Full arm	20 mins	£17.00
Half arm	15 mins	£11.00
Underarm	15 mins	£11.00
Men's chest or stomach	15 mins	£13.00
Men's back	25 mins	£24.00
Lip or chin	15 mins	£9.00
Lip and chin	20 mins	£14.00

Threading

Eyebrow	15 mins	£9.50
Chin	15 mins	£9.00
Lip	15 mins	£9.00
Face	25 mins	£25.00

VIRGIN ACTIVE MEMBERS GET 10% OFF SPA TREATMENT PRICES

SPA INFORMATION

The Spa is open to members and non-members. Please arrive at least 10 minutes before your appointment time. You will need to complete a Spa registration form. Gift vouchers are available for treatments, packages, and products. All major credit cards are accepted. At least 24 hours' notice is required for cancellations. If no notice is given, a 50% charge will be made. Late arrival will result in treatment time being shortened accordingly. For more information, visit virginactive.co.uk

